

CURRICULUM VITAE

DR. CHRISTOPHER AUSTIN THURBER

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PERSONAL INFORMATION

Date of birth: March 2, 1968
Place of birth: Kansas City, Kansas
Citizenship: United States

FORMAL EDUCATION

American Board of Professional Psychology	Specialty Board Certification (ABPP)	2003
University of Washington School of Medicine	Residency and Postdoctoral Fellowship	1997-1999
University of California, Los Angeles, CA	Ph.D. in clinical psychology	1997
University of California, Los Angeles, CA	M.A. in clinical psychology	1994
Harvard University, Cambridge, MA	B.A. <i>summa cum laude</i> in psychology	1991
L'Université de Caen, FRANCE	Diplôme D'Etudes Supérieures in French	1987

HONORS & AWARDS

Peter Kerns Award for The Advancement of Professional Development (ACA-New England)	2006
Hedley S. Dimock Award for Inspiring and Challenging Others (ACA-National)	2006
National Parenting Press—Gold Award for “The Summer Camp Handbook”	2005
J. Wendell & Ruth T. Howe Golden Quill Award for Writing Excellence	2002, 2004
Hedley S. Dimock Award for the Advancement of Camping (ACA-National)	2003
American Camp Association Distinguished Service Award (ACA-National)	2002
Nancy Robinson Director’s Award for Exceptional Performance during the Clinical Internship	1997
Faculty Prize for Outstanding Senior Honors Thesis, Harvard University	1991
Phi Beta Kappa, alpha chapter, Harvard University	1991
John Harvard Scholarship for Academic Achievement, Harvard University	1990

GRANTS & FELLOWSHIPS

Lilly Endowment Youth Development Fund (to American Camp Association)	1999-present
Starbright Foundation Burn Survivor Adjustment Grant (to Starbright & Marvel Comics)	2002—2003
NIH Postdoctoral Fellowship in Rehabilitation Medicine	1997—1999
Colin Brown Memorial Fund Research Grant	1993—1999
NIMH National Research Service Award	1994—1996
Graduate Division Research Grant, University of California, Los Angeles	1993—1996
NIMH Traineeship, University of California, Los Angeles	1993—1994
Interdisciplinary Graduate Training Fellowship in Child Abuse and Neglect	1993—1994
Sigma Xi Grant in Aid of Research	1993—1994

Clinical Area Special Fellowship, University of California, Los Angeles 1992—1993
 University Fellowship, University of California, Los Angeles 1992—1993

PROFESSIONAL TEACHING & RESEARCH EXPERIENCE

- 1999—present **Faculty, Phillips Exeter Academy**
Designed a unique position that combines research (20%), writing (10%), teaching (10%), and clinical work (60%). Research program focuses on camping's effect on children's development, children's adjustment to separation from home, and the psychosocial sequelae of injury and illness. Writing projects include scientific publications in refereed professional journals, plus books and training materials for parents and camp staff. Teaching responsibilities include courses in introductory psychology. Clinical work involves individual psychotherapy, drug and alcohol counseling, community mental health initiatives, and faculty education.
- 1997—present **Professional Consultant and Educator**
Developed and delivered original and entertaining educational workshops for staff at resident and day camps in the US and Canada. Topics include group leadership, guidelines for safe touch, preventing physical, emotional, and sexual abuse, managing homesickness, dealing with bullying, basic and advanced behavior management, effective communication, and camp management. Consultation with camp directors on topics ranging from hiring and firing staff to site design to substance use policies to internal leadership development programs.
- 1999—present **Research Consultant, American Camp Association**
Worked with a team of researchers to design and implement a four-year longitudinal study of the benefits of overnight summer camp for children and adolescents. Currently assisting in the analysis and publication of these data. Visit acacamps.org
- 1999—2001 **Adjunct Assistant Professor, University of Maine, Orono**
Appointed by UMO's Department of Psychology and the Maine Youth Camping Association to teach summer courses on leadership, organizational psychology, and developmental psychopathology.
- 1997—1999 **NIH Senior Postdoctoral Fellow, University of Washington School of Medicine**
Awarded a research (80%) and clinical (20%) postdoctoral fellowship in rehabilitation psychology. Pediatric research in homesickness, adjustment to prolonged hospitalization, psychosocial principles of burn wound pain, and the effects of burn pain on anxiety. Clinical responsibilities with hospitalized children and adults include: assessment, diagnosis, and treatment of stress, anxiety, adjustment, mood, and pain disorders, and pain management. Assisted in the supervision of residents. Faculty Preceptor: Professor David R. Patterson.
- 1998 **Lecturer, University of Washington School of Medicine**
Designed a graduate course in rehabilitation medicine called "Psychological Aspects of Disability" with Professor David R. Patterson. Responsibilities included: lecturing, assembling a Web-based course reader, grading written assignments, and coordinating disabled and nondisabled speakers to guest lecture.
- 1994—1995 **Teaching Assistant, University of California, Los Angeles**
Assisted in the teaching of undergraduate courses in adolescent development and

learning disabilities. Responsibilities included: lecturing, leading discussion sections, writing exams, grading papers, and advising students. Supervisors: Professors Howard Adelman and Jaana Juvonen.

- 1992—1996 **Teaching Assistant, University of California, Los Angeles**
Trained and supervised 10-12 undergraduate research assistants each year in: (1) the transcription and coding of picture-elicited narratives collected from autistic, mentally retarded, clinic-referred, and normal children; and (2) the transcription and coding of semi-structured coping interviews with homesick children. Supervisors: Professors Marian Sigman and John Weisz.
- 1992—1996 **Research Assistant, University of California, Los Angeles**
Investigated differences in expressive language ability among internalizing and externalizing clinic-referred children, and high-functioning autistic and mentally retarded children. Collaborators: Professors Marian Sigman and John Weisz.
- 1991—1992 **Research Assistant, University of Massachusetts, Boston**
Investigated differences in the temporal structure of the expressive language of autistic, mentally retarded, and normal children, as well as what picture-elicited narratives reveal about children's cognition and their theories of mind. Collaborator: Professor Helen Tager-Flusberg.
- 1992 **Guest Lecturer, Harvard University**
Delivered a two-part guest lecture on language acquisition in normal and abnormal children for Psychology 1500: Psychology of Language. Professor: Peter Gordon.
- 1989—1991 **Research Assistant, Harvard University**
Investigated the effects of non-grammatical silent inturn speech pauses on the comprehension of spoken language, as well as the effects of syllabic stress on the recognition of ambiguous words. Collaborator: Associate Professor Peter Gordon.
- 1988—1989 **Research Assistant, Wesleyan University**
Investigated the effects of tachistoscopically-presented hostile words on the non-verbal behavior of mixed-sex dyads interacting in unfamiliar circumstances. Supervisor: Professor Nathan Brody.
- OTHER PROFESSIONAL TEACHING EXPERIENCE**
- 1989—present **Waterfront Director, Camp Belknap**
Organized and synchronized the safe and fun delivery of aquatic programs ranging from waterskiing to sailing along YMCA Camp Belknap's 2000-foot shore on Lake Winnepesaukee. Responsibilities included training lifeguards, equipment maintenance, boating instruction, and program design. Wolfboro, New Hampshire.
- 1984—present **Red Cross Water Safety Instructor**
Certified continuously in WSI since 1984, I have taught courses in swimming instruction, first aid, and emergency water safety to over 1000 persons, from children as young as 4 to adults as old as 85. South Portland Municipal Pool, Wesleyan University, Harvard University, Camp Belknap.
- 1987—1988 **French Instructor, St. John's Elementary School**

Designed and taught the first program of French language instruction at St. John's Elementary School in Middletown, Connecticut.

INTERNSHIP & PRE-DOCTORAL CLINICAL PRACTICA

- 1996—1997 **University of Washington, Department of Psychiatry and Behavioral Sciences**
Completed 2000-hour, APA-accredited, clinical internship with rotations in: pediatric neuropsychological assessment, inpatient and outpatient child psychiatry, and rehabilitation psychology. Sites: Children's Hospital and Harborview Medical Center. Supervisors: Drs. David Breiger, Matthew Speltz, David Patterson, Rose Calderon, Elizabeth McCauley, and Melanie Brace.
- 1995—1996 **University Elementary School, University of California, Los Angeles**
Conducted individual psychotherapy and social skills training, and co-led parenting skills groups for single parents, averaging 10 hrs/wk. Supervisors: Drs. Jill Waterman and Marylee Karlovac.
- 1992—1996 **University Psychology Clinic, University of California, Los Angeles**
Conducted intake interviews, assessments, and individual and family psychotherapy, averaging 6 hrs/wk. Supervisors: Drs. Robert Asarnow, Ed Dunbar, Daniel Kupper, Shoba Sreenivasan, Jill Waterman, Marian Williams.
- 1994—1995 **Child and Adolescent Mental Health Clinic, UCLA Neuropsychiatric Institute**
Conducted intake interviews, assessments, and individual and family psychotherapy in this outpatient clinic, averaging 8 hrs/wk. Supervisors: Drs. Martha Jura, David Feinberg, Joan Asarnow, Irene Goldenberg.
- 1993—1994 **University Elementary School, University of California, Los Angeles**
Co-led two, 10-week, manualized, CBT groups for boys and girls ages 9-12 with self-reported moderate levels of depression. Supervisor: Dr. John Weisz.
- 1992—1993 **Intensive Behavior Therapy Clinic, UCLA**
Conducted 6 hours of behavior therapy per week with young children diagnosed with autism or pervasive developmental disorder. Supervisor: Dr. O. Ivar Lovaas.

EDITORIAL ACTIVITIES

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|---------------------------------------------------------------------------------|-----------|
| Guest Editor, <i>Journal of Burn Care and Rehabilitation—Psychosocial Forum</i> | 2002 |
| Ad Hoc Reviewer, <i>Journal of Abnormal Child Psychology</i> | 1999 |
| Ad Hoc Reviewer, <i>Journal of Rehabilitation Psychology</i> | 1996—1998 |
| Ad Hoc Reviewer, <i>Developmental Psychology</i> | 1997 |
| Ad Hoc Reviewer, <i>British Journal of Psychology</i> | 1997 |
| Ad Hoc Reviewer, <i>Journal of Environmental Psychology</i> | 1996 |
| Ad Hoc Reviewer, <i>Journal of Abnormal Psychology</i> | 1994 |
| Editor-in-Chief, <i>Harvard Psychological Review</i> | 1991 |

SCHOLARLY PUBLICATIONS

- Thurber, C.A., Scanlin, M., Scheuler, L., & Henderson, K. (in press). Youth development outcomes of the camp experience: Evidence for multidimensional growth. *Journal of Youth and Adolescence*.
- Thurber, C. A. & Walton, E. (in press). Preventing and treating homesickness. *Pediatrics*.
- Thurber, C. A., Patterson, D. R., & Mount, K. (in press). Homesickness and children's adjustment to hospitalization: Is homesickness a factor? *Children's Health Care*.
- Henderson, K.A., Thurber, C.A., Whitaker, L.S., Bialeschki, M.D., & Scanlin, M. (2006). Development and application of a camper growth index for youth. *Journal of Experiential Education*, 29, 1-17.
- Thurber, C. A. (2005). Multimodal homesickness prevention in boys spending two weeks at a residential summer camp. *Journal of Consulting and Clinical Psychology*, 73, 555-560.
- Capps, L., Losh, M., & Thurber, C. (2000). "The frog ate the bug and made his mouth sad": Narrative competence in children with autism. *Journal of Abnormal Child Psychology*, 28, 193-204.
- Thurber, C. A., Martin-Herz, S. P., & Patterson, D. R. (2000). Psychological principles of burn wound pain in children: Part I: Theoretical framework. *Journal of Burn Care and Rehabilitation*, 21, 376-387.
- Martin-Herz, S. P., Thurber, C. A., & Patterson, D. R. (2000). Psychological principles of burn wound pain in children: Part II: Treatment applications. *Journal of Burn Care and Rehabilitation*, 21, 458-472.
- Thurber, C. A., & Malinowski, J. C. (2000). *The Summer Camp Handbook: Everything you need to find, choose, and get ready for overnight camp—and skip the homesickness*. Glendale, CA: Perspective Publishing.
- Thurber, C. A. (1999). The phenomenology of homesickness in boys. *Journal of Abnormal Child Psychology*, 27, 125-139.
- Thurber, C. A., & Malinowski, J. C. (1999). Environmental correlates of negative emotions in children. *Environment and Behavior*, 31, 487-513.
- Thurber, C. A., Sigman, M. D., Weisz, J. R., & Schmidt, C. K. (1999). Homesickness in preadolescent and adolescent girls: Risk factors, behavioral correlates, and sequelae. *Journal of Child Clinical Psychology*, 28, 185-196.
- Thurber, C. A., & Malinowski, J. C. (1999). Summer camp as a therapeutic landscape. In A. Williams (Ed.), *Therapeutic Landscapes: The Dynamic Between Place and Wellness*. New York: University Press of America.
- Thurber, C. A. (1998). Anxiety and closed head injury in young people. *Pediatric Rehabilitation*, 2, 149-155.
- Thurber, C. A., & Sigman, M. D. (1998). Preliminary models of risk and protective factors for childhood homesickness: Review and empirical synthesis. *Child Development*, 69, 903-934.

- Bombardier, C. H., & Thurber, C. A. (1998). Blood alcohol level and early cognitive status after traumatic brain injury. *Brain Injury, 12*, 725-734.
- Thurber, C. A. (1997). Children's Coping with Homesickness: Phenomenology and Intervention. In M. A. L. van Tilburg and A. J. J. M. Vingerhoets (Eds.), *Psychological Aspects of Geographical Moves: Homesickness and Acculturation Stress* (pp. 143-163). LE Tilburg, The Netherlands: Tilburg University Press.
- Weisz, J. R., Thurber, C. A., Sweeney, L., Proffitt, V. D., & LeGagnoux, G. L. (1997) Brief treatment of mild-to-moderate child depression using primary and secondary control enhancement training. *Journal of Consulting and Clinical Psychology, 65*, 703-707.
- Thurber, C. A., & Weisz, J. R. (1997a). "You can try or you can just give up": The impact of perceived control and coping style on childhood homesickness. *Developmental Psychology, 33*, 508-517.
- Thurber, C. A., & Weisz, J. R. (1997b). Describing boys' coping with homesickness using a two-process model of control. *Anxiety, Stress, and Coping, 10*, 181-202.
- Thurber, C. A. (1996). Separation anxiety disorder and the collapse of anxiety disorders of childhood and adolescence. *Anxiety Disorders Practice Journal, 2*, 115-135.
- Malinowski, J., & Thurber, C. A. (1996). Developmental shifts in the place preferences of boys aged 8-16 years. *Journal of Environmental Psychology, 15*, 45-54.
- Thurber, C. A. (1995). The experience and expression of homesickness in preadolescent and adolescent boys. *Child Development, 66*, 1162-1178.
- Thurber, C. A., & Tager-Flusberg, H. (1993). Pauses in the narratives produced by autistic, mentally retarded, and normal children as an index of cognitive demand. *Journal of Autism and Developmental Disorders, 23*, 309-322.
- Thurber, C. A. (1990). The role of non-grammatical speech pauses in discourse comprehension. *Harvard Psychological Review, 5*, 8-9.
- Thurber, C. A. (1990). Skinnerian teaching machines and the legacy of programmed instruction. *Harvard Psychological Review, 5*, 17-19.

TRADE PUBLICATIONS

- Thurber, C. A. (2006). Essentials of homesickness prevention. *Camping, 79*(3), 38-42.
- Thurber, C. A. (Writer/Director). (2006). *The secret ingredients of summer camp success: How to have the most fun with the least homesickness* [DVD/CD set]. Martinsville, IN: American Camping Association.
- Thurber, C. A. (2006). The digital umbilical: How clear missions guide electronic technology policies *Camping, 79*(1), 44-51.
- Thurber, C. A. (2006). Camp unplugged: Loosening the digital umbilical. *Camp 2*(1), 16-18.

- Thurber, C. A. (2005). Healthy competition is not an oxymoron. *Camp 1(1)*, 68-69.
- Thurber, C. A. (2005). The great news about homesickness. *Camp, 1(1)*, 85-86.
- Thurber, C. A. (2003). Bouncing back by moving forward. *Camping, 76(6)*, 44-49.
- Thurber, C. A. (2003). Do as I do. *Camping, 76(5)*, 38-43.
- Thurber, C. A. (2003). I am. Therefore, I think. *Camping, 76(4)*, 36-41.
- Thurber, C. A. (2003). Out of the mouths of babes. *Camping, 76(3)*, 24-29.
- Thurber, C. A. (2003). Roots and wings. *Camping, 76(2)*, 23-28.
- Thurber, C. A. (2003). Nature loves nurture. *Camping, 76(1)*, 32-37.
- Thurber, C. A. (2002). Seven habits of highly effective camps. *Camping, 75(6)*, 34-38.
- Thurber, C. A. (2002). How to handle homesickness. In J. Biederman & L Biederman (Eds.), *Parent School*. New York: M. Evans.
- Thurber, C. A. (2002). Camping is your gift to the world—How your camp is touched by September 11th...and what to do about it. *Camping, 75(1)*, 14-19.
- Thurber, C. A. (2001). Internal leadership development. *Camping, 74(6)*, 24-29.
- Thurber, C. A., Malinowski, J. (2000). The summer camp handbook—everything you need to find, choose, and get ready for camp—and skip the homesickness. Glendale, CA: Perspective

SCHOLARLY PRESENTATIONS

- Thurber, C. A. (1994-2006). Invited presentations and keynotes at national and international camping conferences, including American Camp Association and Canadian Camping Association.
- Thurber, C. A., Malinowski, J. (1999). Perceived control and environmental dissatisfaction: Implications for understanding depressive symptoms in children and adolescents. *Paper presented at the 63rd anniversary meeting of the Society for Research in Child Development, Albuquerque, NM. Symposium Chair: Christopher A. Thurber.*
- Thurber, C. A., Ehde, D. M., Patterson, D. R., & Heimback, D. M. (1999). Psychosocial predictors of children's satisfaction with burn camps. *Paper presented at the 31st annual meeting of the American Burn Association, Orlando, FL.*
- Thurber, C. A. (1999). Managing childhood homesickness. *Invited presentation delivered at the national meeting of the American Camp Association, Chicago, IL.*
- Thurber, C. A., Patterson, D., & Heimback, D. (1998). Predicting burn patients' anxiety from burn severity and pain intensity. *Paper presented at the 30th annual meeting of the American Burn Association, Chicago, IL.*

- Thurber, C. A. (1998). Managing childhood homesickness: New and old tricks of the trade. *Invited presentation delivered at the national meeting of the American Camp Assn., Dallas, TX.*
- Thurber, C. A. (1997). The phenomenology of homesickness in boys and girls. *Paper presented at the 77th annual meeting of the Western Psychological Association, Seattle, WA.*
- Thurber, C. A. (1997). Predicting and managing homesickness. *Invited presentation delivered to the national conference of the American Camp Association, New Orleans, LA.*
- Thurber, C. A. (1996). Statistical longitudinal models of childhood homesickness. *Paper presented at the UCLA Department of Psychology Graduate Research Forum, Los Angeles, CA.*
- Thurber, C. A. (1996). The phenomenology and prediction of childhood homesickness: Implications for camp directors and health care staff. *Invited presentation delivered to the national conference of the American Camp Association, San Diego, CA.*
- Thurber, C. A. (1995). Understanding childhood homesickness. *Paper presented at the CalWest regional conference of the American Camp Association, San Jose, CA.*
- Thurber, C. A. (1994). Unhappy campers: Toward a model of homesickness in boys. *Paper presented at the UCLA Developmental Forum, Los Angeles, CA.*
- Thurber, C. A. (1994). The phenomenology of homesickness: Boys' adjustment to separation. *Paper presented at the UCLA Brown Bag series in Clinical Psychology, Los Angeles, CA.*
- Yee-Bradbury, C., & Thurber, C. A. (1993). Psychological assessment measures for children. *Presentation delivered to the Los Angeles Children's Rights Project, Los Angeles, CA.*

RESEARCH POSTER PRESENTATIONS

- Thurber, C.A. & Christiansen, M.A. (2003). Custom comic books designed to help young burn survivors. *Poster presented at the 16th annual meeting of the Southern Medical Association, Orlando, FL and at the 36th annual American Burn Association Conference, Vancouver, BC.*
- Thurber, C. A., Mount, K., & Patterson, D. (2001). Children's adjustment to hospitalization. *Poster presented at the 64th anniversary meeting of the Society for Research in Child Development, Minneapolis, MN.*
- Thurber, C. A., Patterson, D., & Heimbach, D. (1998). Predicting patients' anxiety from burn severity and initial pain levels. *Poster presented at the 75th annual meeting of the American Congress of Rehabilitation Medicine, Seattle, WA.*
- Thurber, C. A., & Patterson, D. (1998). The phenomenology of homesickness in inpatient pediatric rehabilitation settings. *Poster presented at the 75th annual meeting of the American Congress of Rehabilitation Medicine, Seattle, WA.*
- Thurber, C. A. (1998). Children's adjustment to hospitalization: Preliminary recommendations for preventing homesickness. *Poster presented at the Kansas Conference on Clinical Child Psychology, Lawrence, KS.*

- Thurber, C. A., & Sigman, M. (1997 & 1998). Models of risk and protective factors for homesickness in boys. *Poster presented at the 77th annual meeting of the Western Psychological Association, Seattle, WA, & the Kansas Conference on Clinical Child Psychology, Lawrence, KS.*
- Thurber, C. A., & Weisz, J. R. (1997 & 1998). The impact of perceived control and coping style on childhood homesickness. *Poster presented at the 77th annual meeting of the Western Psychological Association, Seattle, WA, & the Kansas Conference on Clinical Child Psychology, Lawrence, KS.*
- Thurber, C. A., & Malinowski, J. (1997). An interdisciplinary analysis of children's adjustment to a novel environment. *Poster presented at the 62nd anniversary meeting of the Society for Research in Child Development, Washington, DC.*
- Thurber, C. A., & Weisz, J. R. (1996). Perceived control and coping with homesickness. *Poster presented at the International Society for Research in Child and Adolescent Psychopathology, Santa Monica, CA.*
- Thurber, C. A. (1994). The experience and expression of homesickness in preadolescent and adolescent boys. *Poster presented at the 102nd American Psychological Association Annual Convention, Los Angeles, CA.*

INVITED PRESENTATIONS & KEYNOTE ADDRESSES

American Camp Association (national and regional conferences)	1995—present
Ontario Camping Association	2005
YMCA National Conference	2005
Children's Oncology Camp Association	2005
International Association of Burn Camps	2002
CampFire Boys and Girls	2000

PROFESSIONAL MEMBERSHIPS

American Burn Association	1998—2003
American Psychological Association (Division 12; Division 53)	1992—present
American Camp Association	1992—present
Society for Research in Child Development	1991—present

DEPARTMENTAL SERVICE

Health and Wellness Counsel	Phillips Exeter Academy	2004—present
Health Policy Committee	Phillips Exeter Academy	2002—2003
Internship Didactics Committee	University of Washington, Seattle	1998—1999
Graduate Admissions Committee	University of California, Los Angeles	1994—1995
Research Training Committee	University of California, Los Angeles	1993—1994
Clinical Area Committee	University of California, Los Angeles	1992—1993

